THANK YOU!

Your support helps Coastal Roots Farm cultivate healthy, connected communities through sustainable agriculture, food justice, and generations of Jewish agricultural practices. Thank you for equipping us to provide healthy, nutritious food to our San Diego neighbors, a space for vibrant Jewish life, and opportunities to connect to the land and one another!

OUR IMPACT: VISTA COMMUNITY CLINIC

Our Farm Stand goes mobile once a month to Vista Community Clinic (VCC), where we distribute fresh, organic produce at no cost to low-income individuals and families, many of whom are uninsured and do not have citizenship status. In Quarter 3, we conducted a survey to better understand the impact of our food distribution. We found that while only 31% of VCC clientele receive governmental food assistance (CalFresh EBT), nearly all families report indicators of food insecurity. Over the past year:

- 87% worried their food would run out before they could get money to buy more.
- 82% were not able to afford to eat balanced meals.
- 68% ate less than they felt they should because of lack of money.

Nearly all participants reported our distribution helps them eat more fresh produce and 76% told us it allows them access to fresh vegetables they otherwise would not be able to or would struggle to afford.
In April, the Farm and Soille San Diego Hebrew Day School partnered to host Pesach (Passover) on the Farm. Nearly 50 families joined us for a Passover seder plate scavenger hunt, harvesting parsley, making matza, and other family-focused activities to learn about the holiday and the Jewish agricultural traditions that the Farm practices.

In June, the Farm hosted the first Great Outdoor Shabbat of its summer series with 155 families celebrating Shabbat on the Farm with special blessings for the Jewish holiday of Shavuot, challah, live Shabbat music, farm tours, and more.

This year, the Farm launched its very first Spring and Summer Farm Camp programs. Over the course of three weeks of Spring Camp in April and two weeks of Summer Camp in June, the Farm welcomed 100 “farmers-in-training” ages 4-12 to Coastal Roots Farm! Campers enjoyed STEM-based activities, omanut (arts and crafts), shirim (songs), and mishchakim ba’teva (nature play) all through the lens of Jewish tradition. The Farm looks forward to hosting more campers throughout July and August.

In Quarter 3, the Farm continued preparing the silvopasture for its very first round of crops - onions and winter squash. The team shaped beds, set up irrigation, began mapping crop, chicken and pasture rotations, and continued to cover crop; 150 chickens are also busy at work helping to build up healthy soil. In our vegetable production fields, our first succession of cucumbers yielded over 1,000 pounds of cucumbers in Quarter 3, which we distributed to the community. Our third succession of summer crops are now in the ground as well as 1,000 sweet potato plants to be harvested this fall!