

FY23 QUARTER 2 IMPACT REPORT

Regenerative Agriculture Growing organic nutrient-dense

food by prioritizing soil, while

mitigating climate change.

IMPACT AT A GLANCE

Total since inception, 2014-2023 Q2

432,795 lbs produce grown

284,774 _____

Equitable Food Access

Reaching the most marginalized food insecure members of our society.

Environmental Education

Inspiring climate activism and a love of nature through barrier-free programs.

6.31 million lbs waste diverted

24,149

youth in education programs

from landfill

70% total harvests donated

Jewish Life

Engaging diverse community members in rich land-based traditions and values. 60,332

programs

WEEDING IN THE RAIN

Shoulder season on the Farm often falls in Quarter 2 and marks off-peak periods during which our harvests are more modest. Though our team of expert farmers plan for seasonal weather change by selecting varieties most resilient for the season, our bounty between January and March is still predictably less abundant than in warmer months.

In Quarter 2 this year, the Farm received unusually big rains resulting in an abundance of edible weeds including malva, nettle, chrysanthemum, wild mustard, and wild spinach which have become among our most popular Farm Stand greens. Helping our team navigate through our shoulder season, **these weeds provided variety to the community, are extremely nutrient-dense, and as a bonus, are climate appropriate** for our region.

FY23 Q2 Impact Report



JANUARY-MARCH 2023

Heavy Rains: More rain has fallen so far in 2023 than the entire 2022 year. Though wet weather reduces reliance on, and cost of, irrigation, it presents other challenges that our talented team of committed farmers has grappled with this quarter. The team is now gearing up for warmer days ahead with summer crops already in the ground.

QUARTER 2 IMPACT



14,654 lbs of organic food grown using <u>regenerative</u> <u>techniques</u> that restore soil health, sequester carbon, and conserve water.

Together at last: VCC

February marked the first in-person Organic Food

Distribution at Vista Community Clinic in three years.

and beneficiaries alike are grateful to return to our

quintessential style of gathering and connecting in

Though grab-n-go pre-made bags allowed us to continue reaching this population through the pandemic, staff



10,251 people

fed including low income seniors and families, Holocaust survivors, active-duty military and veteran families, Latinx families, and Indigenous/Native families.



donated

through our pay-whatyou-can Farm Stand and during no-cost off-site distributions in partnership with other social service and food system organizations.



4,554 eggs produced by two flocks of chickens that aerate and

fertilize the soil and support with pest management.

Farm Stand Findings

This quarter, **80%** of surveyed Farm Stand customers confirmed the **Pay-What-You-Can system helps them eat more fresh produce** than they would otherwise be able to afford.

"I am financially struggling. Sometimes the things I get here are what I eat for the entire week."



164,378 of waste diverted from the landfill and turned into rich, biodiverse soil.





Volunteer Spotlight -

This quarter, we recognize our dedicated volunteer Aric Dumai for contributing 90+ hours planting many new fruit trees, pruning existing ones, and offering his professional expertise from years of farming in Israel. Thank you, Aric!

Did you know? Pruning can keep a tree healthy by removing disease before it spreads to healthier branches and by increasing exposure to sunlight and air circulation.





JANUARY-MARCH 2023

Education Department Growth: To accomodate increasing demand for the Farm's Environmental STEM, Nutrition, and Workforce Development Programs including Nature Play, Farm Camp, and School and Group Visits, the Farm's team of educators continues expanding to accomodate multiple simultaneous programs. Additionally, Kimberly Tomlinson has stepped in to the Farm's first-ever Director of Education role to oversee this continued growth!

QUARTER 2 IMPACT



2,968 youth

reached through Pre-K - 12th grade

programs including

Nature Play, Farm

<u>Camp, After School</u> on the Farm, and <u>School and</u>

Group Visits.



578 volunteers and interns dedicated 904 hours.



ers 2,172 people attended Jewish holiday programs, workshops, and community events on the Farm.

Including the launch of our new Farm Food for Thought with a Jewish twist workshop series!

Plus, upcoming: a sold out Summer Farm Camp!

A Festive Farm Stand

A place for all people, Coastal Roots Farm is grounded in Jewish agricultural traditions and practices including operating according to the Jewish calendar. This quarter, our team found meaning in dressing up and decorating the Farm Stand in honor of the Purim holiday. We hope community members of all backgrounds enjoyed joining us in this learning and tradition!





ATu B'Shvat for the Books

On February 9, 2023, **nearly 1,000 community members** of all backgrounds (including 36% first-timers!) attended the Farm's largest-ever Tu B'Shvat Food Forest Festival. **89% of surveyed festival attendees** shared that the festival made them feel more **connected to the**

community. "As a non-fewish person, I was so inspired to see faith expressed and lived out in the most tangible ways. It reminded me that we have so much in common."

62% of surveyed festival attendees identify as Jewish. Of them, 25% shared that Coastal Roots Farm is their main place for Jewish learning and community.

"It was a joyous celebration of plants, community, and Jewish values!"

FY23 Q2 Impact Report

IN COMMUNITY

Supporter Shout Dut

In Quarter 2, Coastal Roots Farm was so grateful to receive generous support from Nordson Corporation Foundation for our Environmental STEM, Nutrition, and Workforce Development Programs reaching nearly 10,000 youth annually. Additionally, earlier this year the Nordson team volunteered to help build our new chicken coop adjacent to our Nature Play space.

In Quarter 2, we welcomed our first-ever flock of education chickens who, unlike our production birds that rotate through growing fields as part of our regenerative agriculture methods, will remain part of our education spaces for visiting youth to visit and feed.

Thank you Nordson Corporation Foundation for your ongoing support and for sharing our commitment to accessible education!



THANK YOU Q2 DONORS

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Join us as we cultivate healthy, connected communities.

