



441 Saxony Road  
Encinitas, CA 92024  
[coastalrootsfarm.org](http://coastalrootsfarm.org)

### **1. To nurture the whole child and cultivate a sense of belonging.**

- a. Campers will have opportunities for choice and voice during designated independent exploration time, empowering them to follow their curiosity.
- b. Campers will participate in at least one community-building experience that fosters confidence, resilience, and connection (such as team challenges, reflection circles, collaborative cooking, or farm projects).
- c. Campers will engage in welcoming activities that build trust, friendship, and a strong camp community.
- d. Staff will model kindness, encouragement, and positive guidance, uplifting each camper's strengths throughout their session.

### **2. To deepen campers' connection to the earth and inspire environmental stewardship.**

- a. Each camper will participate in at least one farm and garden task while at camp.
- b. Each camper will have the opportunity to participate in nature-based learning experiences in addition to the garden tasks which could include mindful nature walks, environmental exploration, or STEM focused activities.
- c. At the beginning of each session, campers will create and discuss as a group shared agreements around caring for our farm community, including composting, recycling, protecting plants, and respecting shared spaces.

### **3. To empower campers to grow through skill-building, collaboration, and meaningful challenge.**

- a. Campers will participate in multiple hands-on learning experiences throughout the week such as cooking with farm produce, arts and crafts, and gardening skills.
- b. Campers will collaborate in small groups to build teamwork, communication skills, and shared responsibility.
- c. Each camper will leave camp having gained at least one new skill and confidence in their ability to learn, contribute, and grow.